

cold

Coke/Diet Coke/Fanta/Sprite £2.00

San Pellegrino (orange, lemon) £2.50

Mineral Water (still or sparkling) £2.25

Squash £1.00

Orange or Apple & Blackcurrant.

Orange or Apple Juice £2.00

Milkshakes £3.95 v

- Vanilla
- Chocolate
- Banana
- Strawberry

Made using fresh fruit and ice cream.

Smoothies £3.75 v vg

Ask for flavours available.

afternoon tea

Tea for Two £16.00 gf v vg

Served from 12pm to 3pm.

- 6 finger sandwiches
choose from 2 of our sandwich fillings.
- Homemade soup shot
- 2 scones
with clotted cream and jam.
- Choice of cake from the counter

Tea, coffee or cold drink option.

gf Gluten free v Vegetarian vg Vegan

hot

decaf available

Americano £2.25

Single Espresso £2.00

Double Espresso £2.50

Cappuccino £2.75

Flat White £2.75

Latte £2.80

Mocha £3.00 v vg

A delicious combination of chocolate and coffee.

Hot Chocolate £2.95 v vg

With marshmallows and cream. £3.50

Tea (mug) £1.75

Pot of Tea (for one) £2.00
(for two) £3.00

Speciality Tea (per person) £2.50

Soy & Oat Milk, available on request.

Everything is freshly prepared to order so please allow extra time for service during busy periods, we appreciate your patience.
Thank you!



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lunch

Homemade daily specials,
check the specials board.

Soup of the Day £4.95 gf v vg

Served with white or granary bread and butter.

Sandwich £5.95 gf v vg

On white or granary bread, choose from the following fillings:

- Tuna mayonnaise
- Egg mayonnaise
- Smoked ham and mature cheddar
- Mature cheddar and tomato
- Hummus and roasted red pepper
- Smoked salmon, cream cheese, and rocket (50p extra)
- Prawn cocktail (50p extra)

Soup and Sandwich Deal £7.95

Panini £6.95 gf v vg

On ciabatta, choose from the following fillings:

- Ham, mature cheddar, and red onion marmalade
- Roasted vegetable and pesto
- Tuna melt
- Mozzarella, tomato and pesto
- BBQ chicken
- BLT (bacon, lettuce and tomato)

Quiche of the Day £7.50 v

Served with a side salad of your choice and crisps. Add chips for an extra £1.00.

Ploughman's Lunch £7.50 gf v vg

A hunk of mature cheddar, served with roast ham, chutney, coleslaw, a salad of your choice, and white or granary bread.

Jacket Potato £6.95 gf v vg

Choose from the following fillings:

- Tuna mayonnaise
- Cheese and beans
- Chilli (Meat / Veggie)
- Prawn cocktail

salads

Chicken Caesar £7.50 gf

Fresh chicken breast on a bed of romaine lettuce, topped with Caesar salad dressing, tomatoes, parmesan cheese, and croutons.

Mediterranean £6.50 v vg

Homemade falafel, your choice of 3 salads, olives, and white or granary bread.

for kids (under 10)

Sandwich £3.95

Same choice of fillings from the main menu, with a kids juice carton.

Half a Jacket Potato £3.95

Same choice of fillings from the main menu, with a kids juice carton.

breakfast

Cumbrian Breakfast £6.95

2 rashers of bacon, 2 cumberland sausages, fried or scrambled eggs, baked beans, mushrooms, and grilled tomato, served with 2 slices of toast.

Vegetarian Breakfast £6.95 v

2 veggie sausages, fried or scrambled eggs, baked beans, mushrooms, and grilled tomato, served with 2 slices of toast.

Pancake Stack £4.50 v

Served with maple syrup, fresh fruit, and yoghurt.

breakfast baps

Bacon / Sausage £3.95

Bacon & Egg £4.50

Bacon & Sausage £4.95

Sausage & Egg £4.50

lighter breakfast

Toast £1.95 v

Toasted white or granary bread served with butter and jam.

Eggs on Toast £3.95 v

2 local, free-range eggs cooked to order.

Toasted Teacake £2.95 v

Served with butter and jam.

Crumpets £2.75 v

Served with butter and jam, or with melted cheese (extra 75p).

Fruit and Yoghurt Parfait £3.50 v

Served with homemade granola.

desserts

Fruit Crumble £4.95 v

With seasonal filling served with cream or ice cream (vegan option available).

Sticky Toffee Pudding £4.95 v

Served with cream or ice cream (vegan option available).

Ice Cream £3.50 v

2 scoops, ask for flavours. Add an extra scoop for £1.00.

Scone £3.25 v

With butter, jam, and clotted cream.

Homemade Cake £2.95

Please ask for today's selection.

Traybakes £2.00

food served until 4pm

breakfast served until 11:30am

Vegetarian, vegan and gluten-free options available for most products, **please ask.**



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drink